MENTORING MATTERS COMMITMENT AGREEMENT



This agreement sets forth my voluntary participation in the Mentoring Program of the Zeta Upsilon Omega Chapter. I commit to following the guidelines established by the chapter which are in accord with the guidelines outlined in the Alpha Kappa Alpha Sorority, Incorporated[®] Mentoring Guide.

As a participant in this program, I commit to the following:

- 1. Participate in all mentoring-related activities developed and implemented by the chapter.
- 2. Communicate regularly with my mentee.
- 3. Listen with an open mind, even if I disagree.
- 4. Give and receive feedback consistently.
- 5. Create a spirit of mutual learning, trust, and respect.
- 6. Lead by example.
- 7. Follow through on commitments with my mentee.
- 8. Maintain a focus on the mentee's development.

Mentee Name: Mentee Signature: Date:

Mentor Name: Mentor Signature: Date: